



MEDIA ALERT:

*The Biggest Loser: Couples* Contestants Announced

(Toronto – December 15, 2010) *The Biggest Loser: Couples* premieres Tuesday, January 4, 2011 at 8pm ET/PT (9pm MT/ 7pm CT) on **Citytv** with 11 couples eager to transform their bodies and their lives. This season puts a fresh spin on the competition with two *new* trainers and an engaging new twist that will change the game completely for these *Biggest Losers*.

Images of the new contestants are available at [www.rogersmediatv.ca](http://www.rogersmediatv.ca) Tweet this release: <http://ow.ly/3qvXm>

In the season premiere, host Alison Sweeney will offer 11 teams of two the unprecedented opportunity to choose whether to workout with trainers Bob Harper and Jillian Michaels at the ranch – or workout at a secret location with two unknown trainers, whose identities will initially remain a mystery. If the contestants, who include pairs of friends, siblings, and partners, choose the new trainers, they'll receive four weeks of immunity. If they choose to stay at the ranch, they're at risk of going home after just one week. It's a riveting ride of intense emotions and surprising turns as the two groups fight their weight loss battles separately with two sets of trainers each equally committed to giving these players a new lease on a healthier life.

The new contestants include captivating personalities like Rulon Gardner, an Olympic gold medalist; Sarah Nitta, a woman who has lost pregnancies as a result of her weight and longs to be a mother and Arthur Wornum, this season's heaviest contestant at 507 lbs. Viewers will also meet Courtney Crozier, a student whose family owns a fast food restaurant. Inspired by *The Biggest Loser*, Courtney has already lost 112 lbs. on her own but wants to finish her weight loss journey on the show.

The new contestants competing for the \$250,000 grand prize are as follows:

**FRIENDS**

Rulon Gardner (Gym owner and motivational speaker), 39, Logan, Utah, and his friend, Justin Pope (Business owner, city worker and bounty hunter), 39, Logan, Utah.

**BROTHERS:**

Dan Evans (Police captain), 54, and his twin brother, Don Evans (Police lieutenant), 54, Oklahoma City, Oklahoma.

**SISTERS**

Olivia Ward (Opera singer and manager at plastic surgery office), 35, New York City, New York, and her sister Hannah Curlee (Human resources representative for a healthcare company), 32, Nashville, Tennessee.

**SPOUSES:**

Larialmy Allen (Student services program coordinator), 26, and her husband, Jaquin Allen (Patient services representative), 27, Columbia, South Carolina.

**PARENT AND ADULT CHILD TEAMS:**

Ana Alvarado (Letter carrier for the U.S. Postal Service), 50, and her daughter, Irene Alvarado (Student), 26, Portland, Oregon.

Austin Andrews (Radio board operator), 21 and his father, Ken Andrews (Pastor), 49, Pasadena, California.

Courtney Crozier (Student and restaurant manager), 22, and her mother, Marci Crozier (General Manager of a health club and restaurant owner), 49, Valparaiso, Indiana.

Jennifer Jacobs (Entrepreneur, digital media) 28, Long Branch, New Jersey, and her father, Jay Jacobs (Entrepreneur), 53, West Orange, New Jersey.

Sarah Nitta (College admissions counselor), 27, Las Vegas, Nevada, and her mother, Denise "Deni" Hill

(Administrative assistant), 59, Bountiful, Utah.

Jesse Wornum (Insurance agent), 61, and his son, Arthur Wornum (Stay-at-home-dad and day care provider), 34, Portland, Oregon.

Kaylee Kinikini (Student), 20, and her father, Moses Kinikini (Garage door installer), 47, Shelley, Idaho.

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