



MEDIA ALERT:

Citytv Programming Highlights: Monday, October 19 – Sunday, October 25

(Toronto – October 15) **Citytv** continues its stretch of fresh programming with brand new episodes of all your favourite comedy and reality series.

Artwork Available at www.rogersmediatv.com

How I Met Your Mother (s/CBS): Monday, October 19 at 8:00pm ET/PT (7:00pm CT, 9:00pm MT)

While Barney tries to convince Robin to become an American citizen, Ted and Marshall's fabled road trip takes a wrong turn when Marshall invites Lily. Music legend Kenny Rogers narrates the audio book played on Marshall and Ted's road trip.

Trauma (s/NBC) Monday, October 19 at 9:00pm ET/PT (8:00pm CT, 10:00pm MT)

Tyler (Kevin Rankin) and Boone (Derek Luke) respond to an explosion at a Chinese restaurant and find that there is more to the situation than meets the eye. Meanwhile, Nancy's (Anastasia Griffith) advanced medical training is put to the test. Elsewhere, Rabbit (Cliff Curtis) has an unexpected reaction to a bumpy flight.

Biggest Loser (s/NBC): Tuesday, October 20 at 8:00pm ET/PT (7:00pm CT, 9:00pm MT)

This week, the black and blue teams head to the beach to square off in a wild challenge that sends them digging for a buried treasure. The winning team will get a huge prize – tickets home to see their loved ones - but there's also a surprise twist! One team of contestants goes home for an emotional reunion with their loved ones, but is quickly faced with the challenges of continuing to eat healthy and work out back in their everyday lives. The team who made the most weight loss progress is revealed at the weigh in before another player is sent packing.

Mercy (s/NBC): Wednesday, October 21 at 8:00pm ET/PT (7:00pm CT, 9:00pm MT)

After announcing to her family that she's trying to get pregnant, Veronica (Taylor Schilling) finds herself determined to save a pregnant woman and her unborn child in the aftermath of a horrible car wreck. Meanwhile, Dr. Harris (James LeGros), fed up with Veronica's repeated affronts to his authority, calls for a disciplinary hearing to determine Veronica's future at Mercy Hospital. Sonia (Jaime Lee Kirchner) helps a sleepwalking patient in his struggle for independence and cautiously moves forward in her relationship with Valentino (Charlie Semine), while Chloe (Michelle Trachtenberg) goes on an ambulance ride-along and makes a discovery that will change Dr. Harris's life forever.

Cougar Town (s/ABC) Wednesday, October 21 at 9:30pm ET/PT (8:30pm CT, 10:30pm MT)

Jules (Courteney Cox) rues the day when her ex-husband, Bobby (Brian Van Holt), and Grayson (Josh Hopkins) become fast friends over a mercy golf lesson that she organized to help boost Bobby's self esteem. Meanwhile, Laurie (Busy Philipps) surprises even herself when she takes on a new client to prove her worth to Jules.

30 Rock (s/NBC) Thursday, October 22 at 9:30pm ET/PT (8:30pm CT, 10:30pm MT)

When Devin (guest star Will Arnett) returns to plot revenge against Jack (Alec Baldwin), he needs to find a way to protect the company and his job's safety. Meanwhile, Tracy (Tracy Morgan) and Jenna (Jane Krakowski) both have reason to be angry with Liz (Tina Fey) and are determined to make her life miserable. Liz has to find a way to regain order over her life and the show. Outside of the studio, Kenneth (Jack McBrayer) devotes some of his spare time to volunteering at an animal shelter.





Parks and Recreation (s/NBC) Thursday, October 22 at 8:30pm ET/PT (7:30pm CT, 9:30pm MT)

Leslie (Amy Poehler), Ann (Rashida Jones) and the rest of the Parks Department volunteer to help the organization KaBOOM! build a playground for a neighboring town. After building an entire playground in one day, Leslie gets frustrated at the (lack of) progress with the pit, and takes some advice from Mark (Paul Schneider) to cut through the red tape. Aziz Ansari, Nick Offerman, Aubrey Plaza and Chris Pratt also star.

My Rona Home (Citytv Original Program) Sunday, October 25 at 9:00pm ET/PT (8:00pm CT, 8:00pm MT)

Our families are working on the family room. How they are going to make the space work for everyone in the family?

Conviction Kitchen (Citytv Original Program) Sunday, October 25 at 10:00pm ET/PT/CT/MT

It's week seven, and Biana and Marc are feeling the pressure when Jason J. gets into trouble, Roti sends a message, Jen faces a dilemma, and disaster-magnet Jamie pushes his bosses to the limit. A helicopter ride lifts the trainees' spirits and Biana's gospel brunch for family and friends reveals some big surprises.

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